CAPROCK STRATEGIES

Executive Summary: The Impact of SNAP Food Restriction Waivers

The Trump administration recently began approving **Supplemental Nutrition Assistance Program (SNAP) Food Restriction Waivers** with intent to limit the purchase of "non-nutritious" items such as soda and candy. Currently, six states have approved waivers, and over half of all states are expected to or submit proposals to USDA. Here are the provisions of each approved waiver, identifying what types of products will be restricted by each state:

- **Arkansas**
  - **Soda**, including low and no-calorie soda, fruit and vegetable drinks with less than 50% natural juice, and other "unhealthy drinks." The exclusions for beverage products will not extend to flavored water, carbonated flavored water, and sports drinks.
  - **Candy**, including confectionary products with flour and artificially sweetened candy.
- **Idaho**
  - **Candy**: Preparations of sugar, honey, or other sweeteners in combination with chocolate, fruits, nuts, or other ingredients in the form of bars, drops, or pieces. It does not include those items containing flour or requiring refrigeration.
  - **Soda**: Nonalcoholic beverages containing sweeteners, excluding drinks with milk or milk substitutes, beverages with more than 50% juice, and products that require preparation before consumption.
- **Indiana**
  - **Candy**: A preparation of sugar, honey, or other natural or artificial sweeteners in combination with chocolate, fruits, nuts, or other ingredients or flavorings in the form of bars, drops, or pieces. The term does not include any preparation requiring refrigeration.
  - **Soft Drinks:** Nonalcoholic beverages that contain natural or artificial sweeteners. The term does not include beverages that contain milk or milk products, soy, rice, or similar milk substitutes, or are exclusively naturally sweetened using natural vegetable and / or fruit juice.
- **Iowa**
  - **"All taxable food items** as defined by the Iowa Department of Revenue." The waiver then refers to Chapter 423 of the Code of Iowa and Iowa Administrative Code Chapter 701-220 to define "taxable and nontaxable food items," which can be found in the chart on page 7.
- **Nebraska**
  - **Soda and "Soft Drinks"**: Any carbonated non-alcoholic beverage that contains water, a sweetening agent, flavoring, and carbon dioxide gas to create carbonation.
  - **Energy Drinks**: Carbonated or non-carbonated beverages containing a stimulant such as fortified caffeine, guarana, glucuronolactone, or taurine."
- **Utah**
  - **Soft drinks**: A nonalcoholic beverage that is made with carbonated water and is flavored and sweetened with sugar or artificial sweeteners. The definition will not apply to beverages that contain milk, milk products, soy, rice, or other milk substitutes, or one that is greater than 50% vegetable or fruit juice by volume.